

Kate Henschel



Education

Bachelor of Science, Nutrition and Dietetics, University of Minnesota – Twin Cities.

Professional Experience

Clinical Dietician, Sodexo, Children's Hospitals and Clinics of Minnesota, Minneapolis, MN (2013-present)

- Utilized Cerner EMR to complete comprehensive nutrition assessment and follow-up in the Pediatric and Cardiovascular ICUs using the Nutrition Care Process.
- Managed complex nutrition support regimens within a multidisciplinary team including parenteral and enteral nutrition as well as transitioning to oral feedings.
- Developed and implemented neonatal feeding protocol for the CVICU with multidisciplinary team including Cardiac Intensivist, Cardiologist, PCNP, OT and RN.
- Created specialized nutrition plans for patients and provide education for families both in English and with the assistance of interpreters.
- Provided education for nursing staff, physicians and nutritional services staff on a variety of different topics including evidence-based nutrition intervention, pediatric formulas, nutrition support and specialized diets.
- Presented at 2015 Harold Katkov Tutorial as well as 2015 Jill Davis Critical Care Nursing Conference.
- Implemented infant feeding summary and provided training for nursing staff at 2015 nursing education days.

Clinical Dietician, Sodexo, Prairie Lakes Healthcare System, Watertown, SD (2011-2013)

- Conducted nutrition assessment and follow-up utilizing the Nutrition Care Process in CPSI EMR throughout hospital including medical/surgical, telemetry, critical care units and pediatric patient care.
- Provided outpatient nutrition education for PLHS Cancer Center, Cardiac Rehab and general outpatient nutrition education.
- Responsible for marketing and leading phases one and two of the Create Your Weight weight management program.
- Authored articles for regional publication, *The Public Opinion*, as well as in-house Prairie Lakes Healthcare System's monthly newsletter, *Between the Floors*, and PLHS's Sodexo monthly newsletter.
- Presented prescriptive diet in-services to nutritional services staff and developed narrated prescriptive diet PowerPoint for nursing in-service.
- Implemented Nutrition Care Process into EMR for inpatient and outpatient care at PLHS in collaboration with CNM.

Memberships and Accomplishments

Member of the Academy of Nutrition and Dietetics and the Minnesota Academy of Nutrition and Dietetics.
ServSafe Food Protection Manager Certification.
CDR Certificate of Training in Adult Weight Management.